



Educational Programs

Programs Currently Offered:

CPR – American Heart Association® (AHA)

- CPR for Family & Friends
- Adult Heart Saver
- HeartSaver AED
- Pediatric HeartSaver
- HealthCare Provider (BCLS)

First Aid

- Basic
- First responder

Maine EMS Emergency Medical Responder (Licensable)

Advanced Cardiac Life Support (ACLS)

Advanced Medical life Support (AMLS)

Ambulance Vehicle Operators Course (AVOC)

Geriatric Assessment for EMS Providers (GEMS)

Hazardous Materials (HAZMAT) – Awareness Level

International Trauma Life Support (ITLS)

Mass Casualty Incident Management (MCIM)

Pediatric Education for Pre-hospital Providers (PEPP)

OSHA Needs

- 10-Hour safety course for General Industries*
- 30-hour safety course for General Industries*
 - * both include mandatory and selective subjects based on need
- Bloodborne Pathogens (AHA)
- Airborne Pathogens
 - We also offer specifically designed health and safety education based on an individual company/department needs assessment

Program Notes

CPR for Family & Friends: Since 1996, CPR for Family & Friends are offered on a monthly basis throughout the year with the exception of July and August. There is no cost for these programs but pre-registration is required. CPR is one of the best things you can learn to help protect your family and fellow employees.

First Aid, Pediatric CPR, Automatic Defibrillator education and CPF for HealthCare Providers are offered on an as-needed basis. The cost and length of these programs vary based on subject matter

Basic First Aid: Properly applied first aid can save lives, reduce recovery time and possibly mean the difference between temporary and lifelong disability. Participants learn to recognize signs and symptoms of injuries and sudden illness. Crucial information about dealing with emergencies such as shock, burns, strains, strokes and seizures is shared.

This program meets the guidelines of the Occupational Safety & Health Administration and the Department of Transportation. It is accepted training for Day Care and Adult Care staff in all states.

Bloodborne Pathogens: Program includes information that will help students understand what Bloodborne pathogens are and how to reduce risk of exposure. Participants are introduced to precautionary practices that are recommended by the Occupational Safety and Health Administration (OSHA) and Centers for Disease Control (CDC)

Educational Affiliations

American Heart Association

American Lung Association

Atlantic Partners Emergency Medical Services Council

Kennebec valley Technical College

Inland Hospital

MaineGeneral Medical Center

National Association of Emergency Medical Technicians

Southern Maine Technical College

For more information or to schedule a course, please contact:

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